

PROGRAM: Mental Retardation Counsellor ^// -:7 ^^^^
COURSE TITLE: Behaviour Management - Counselling f U n C ollp-^L
INSTRUCTOR: Ed Finn

Course Description:

The counselling component of Behaviour Management is designed to provide the student with an introduction to a variety of counselling techniques for use with the developmentally handicapped on an individual and group basis.

Course Goals:

- 1) To develop in the learner a sense of rapport in working with the handicapped,
- 2) To enable the student to develop specific competencies in counselling the developmentally handicapped.
- 3) To enhance the learner's development of a feeling of self worth.

Course Objectives:

- 1) The student will identify the foundation upon which all counselling, including counselling parents of a retarded child, is based.
- 2) Identify the five phases through which many parents of retarded children proceed as they adjust to the fact that their child is handicapped.
- 3) The student will demonstrate the ability to listen, observe, interview and record as it relates to counselling.
- 4) The student will list nine principles of counselling.

Methodology:

- 1) Lectures: in which the instructor will discuss the concepts used in counselling.
- 2) Videotapes, films and articles: in which the student will be responsible **for** notes taken on the material presented,
- 3y Group counselling experience: in which the student will participate in **role** playing, simulation and personal sharing,

- Texts:
 - 1) A New Guide to Rational Living - A. Ellis
 - 2) Ain't I a Wonder and Ain't You a Wonder Too - J. Lair

Evaluation:

- 1) Regular attendance and participation in class. 1
- 2) Responsible for class notes and reading assignments as well as notes taken from films or videotapes,
- 3) Midterm and final exams will be given.
- 4) Individual conferences will be held and a grade will be arrived at.